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Success components of Russian players

Keys to success of Russian tennis:

- Good tradition started at 60th years last century/ We have find out the modern tennis that time and started to teach juniors successfully.
- Structure of sport organization and centralized system of training from schools and national teams.
- Strong motivation toward sport achievements. Many people consider tennis as a real chance to succeed in life.
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The main directions of modern methodic (in court):

Spin the ball (top spin); attacking short (easy) ball; drive end classic volley; increasing power and intensity of training drills (and strokes); priority of “performance program” over result in tournaments