

Marcos Baghdatis Cyprus

Former ITF Touring Team Member/OS scholarship recipient

and

World Junior Singles Champion 2003









110 national associations benefited and the following quantities were distributed:

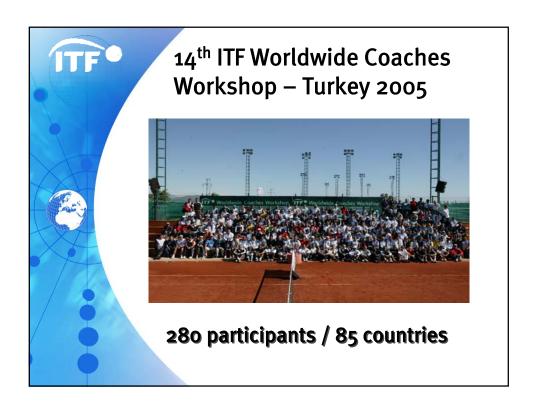
Rackets	8497
Mini-tennis bats	12850
Balls	20,203 dozen
Mini tennis nets	983
Strings	1427 x 200m reels



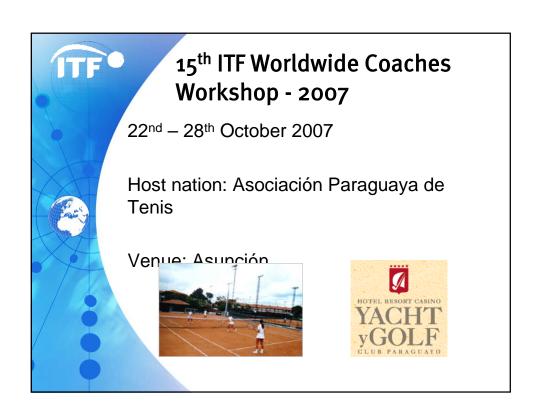


• In 2005, 51 courses were held

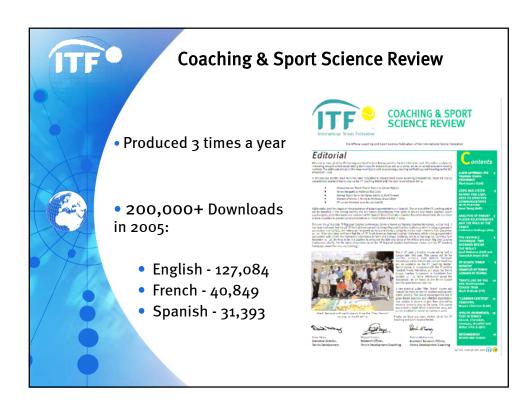
 Level One/Level Two/ Level Three Syllabi is available in over 20 languages and is used by over 100 nations to certify coaches



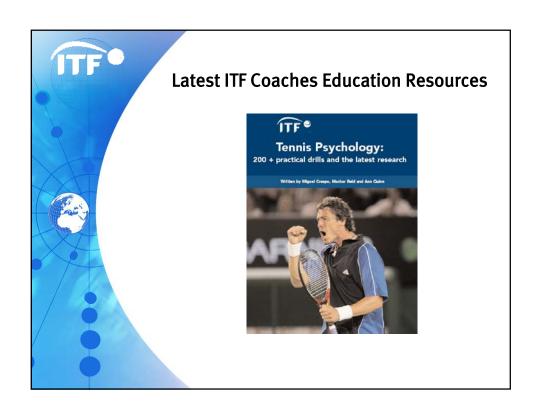






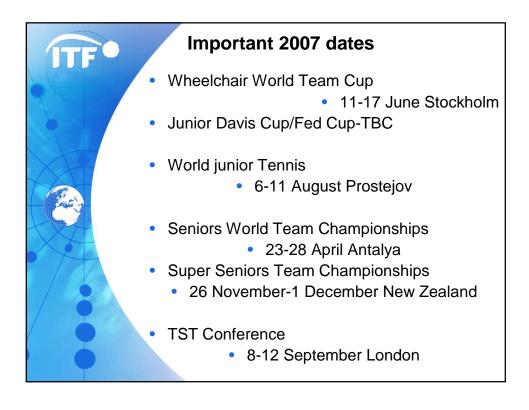


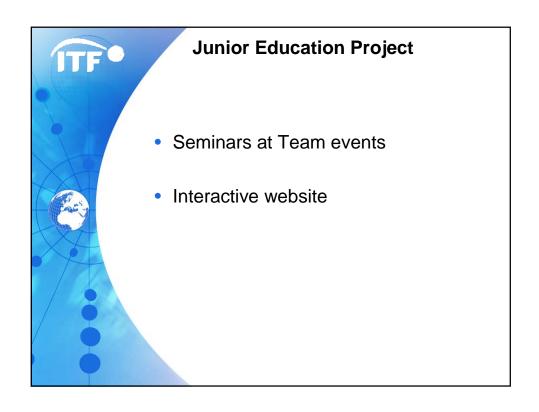














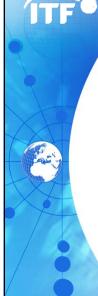






Task Force Members

- Japanese Tennis Association
- USTA
- FFT France
- DTB Germany
- British LTA
- KNLTB Netherlands
- COSAT (South America)
- Belgium
- Tennis Australia
- ITF Staff



The Challenge!

- Identified many challenges including lifestyle changes and competition from other sports/leisure pursuits.
- Tennis is good at attracting people to the sport
- Not so good at retaining them!



Intro to Tennis task force-Challenges Identified

Lifestyle changes

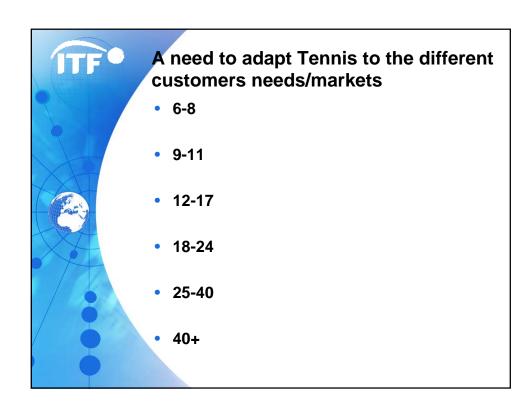
- Lack of time-16-35 age want short duration activity
- Lack of suitable playing partners
- Tennis is perceived as difficult to learn and play
- Poor management in clubs/facilities

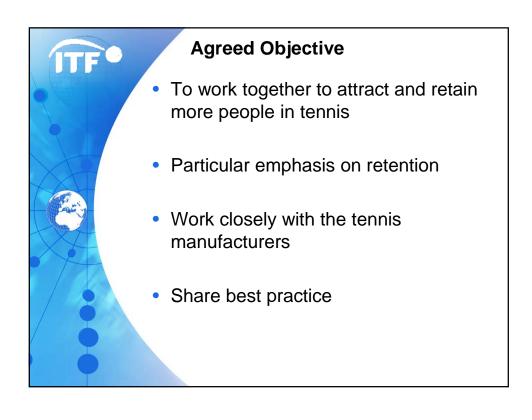


Challenges Identified

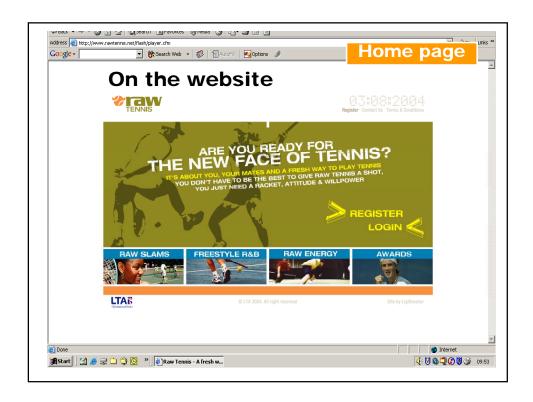
Estimated only 1 in 5 players play competitively...need more user friendly and attractive competition formats

Many people try tennis-too many don't like their first experience



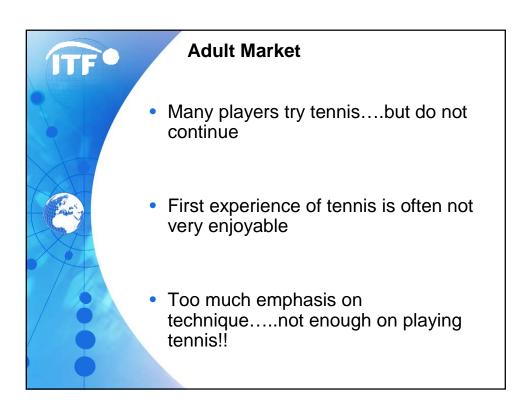


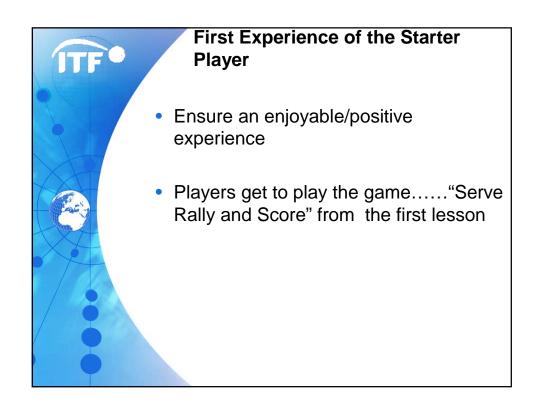














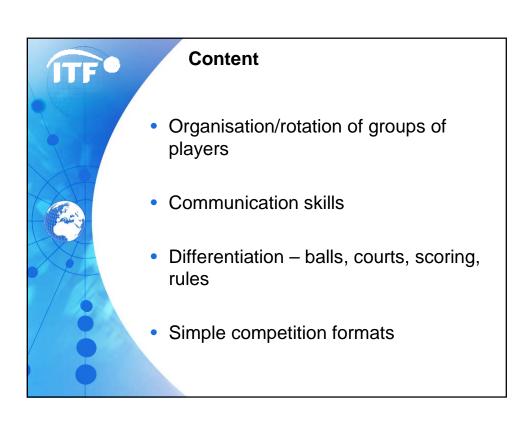
Game based approach

- Often misunderstood
- Get players to play the game....serve, rally and score
- Then teach them relevant technique to help them to play more effectively
- Technique is still very important in the game based approach
- Game Based approach can translate simply to "Serve Rally Score"



The ITF Play Tennis course

- 4 day course-Pre Level one
- A key part of the ITF's drive to increase participation, and promote game based coaching and to promote the use of different types of balls
- Simple game based drills aimed at getting starter players to serve, rally ,score from the very start
- The Slower balls are fundamental to this course

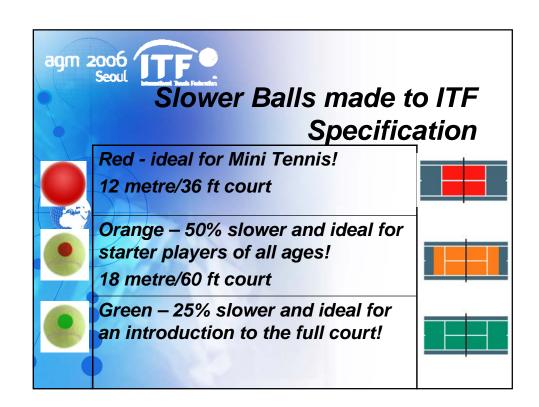


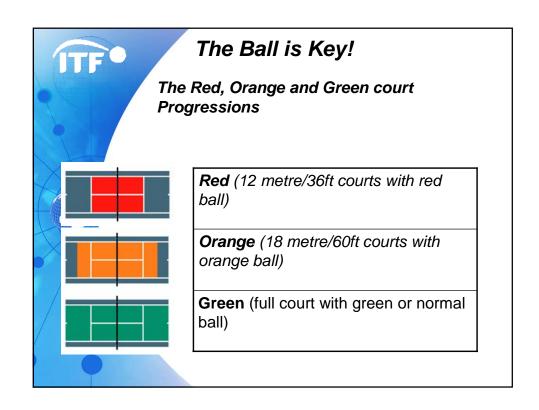


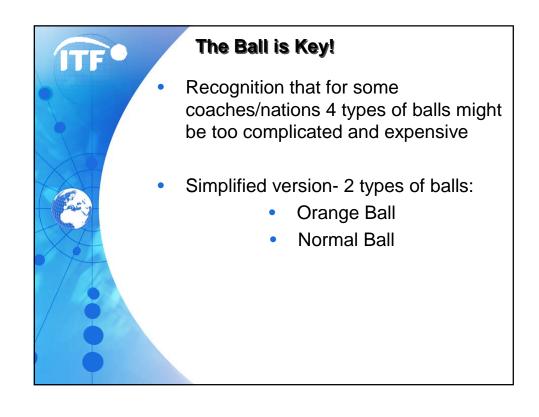


Serve, Rally and score....The Ball is Key!

- Tennis can be easy to play!
- Need to use the most appropriate ball at introductory stage
- If starter players cannot serve rally and score with normal ball-they should use a "slower" ball









Challenge?

Most Coaches worldwide are <u>not</u> using them in their lessons with Starter Players

- Many coaches not convinced that they help retention.
- In many nations balls are not available (poor distribution) and are more expensive than a normal ball (Market too small)
- Balls are used more for mini tennis but not yet used extensively for starter adult players



Necessary actions?

 Need to better promote the use of the balls to coaches

 Need to work with the manufacturers to improve the distribution/lower the price



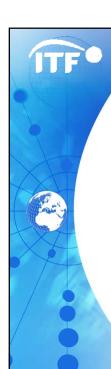
Young Children?

- Except in exceptional circumstances children under 10 years should not be playing on full court with a normal ball
- Belgium...mandated
- France/UK....strong guidelines



The ball in competition:

- Some major nations promoting the use of the Red, Orange and Green Balls in competition
- Belgium, Holland, France, Britain have introduced competitions involving the use of these balls at under 8; under 9; under 10



USTA-36/60

- Meeting with manufacturers on June 20th
- Agreement to promote the use of Red and Orange balls in the US
- Red ball- 36 foot court
- Orange ball-60 foot court
- Normal Ball- full court



Important in development of high level juniors

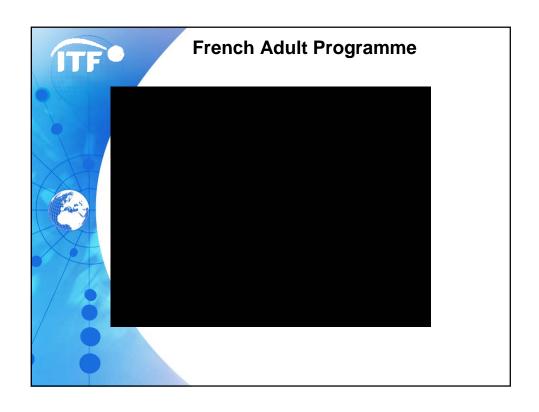
- Easier to develop good technique
- Less extreme grips
- More tactical variation

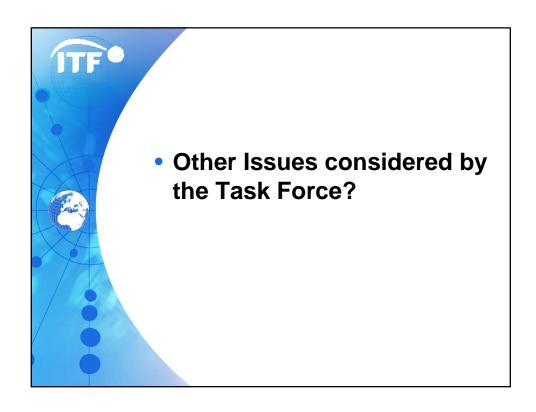


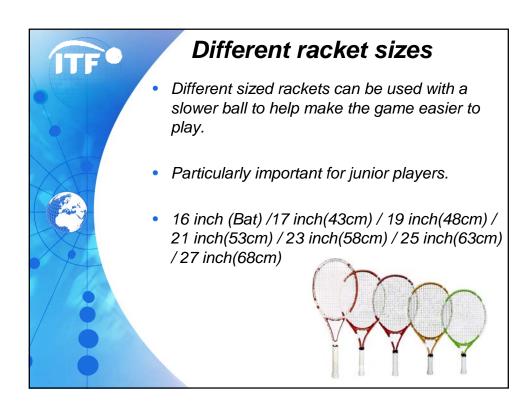


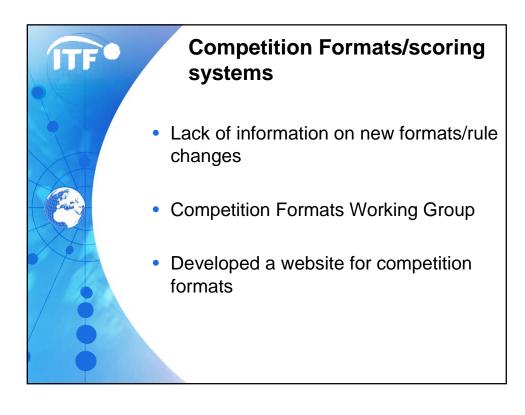














New formats and scoring systems not being promoted and used

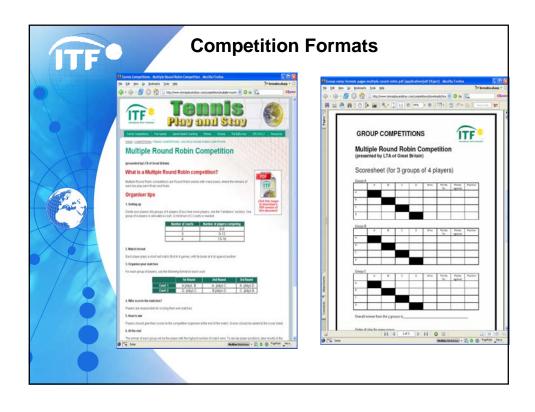
Competition formats and scoring systems exist to suit all lifestyles

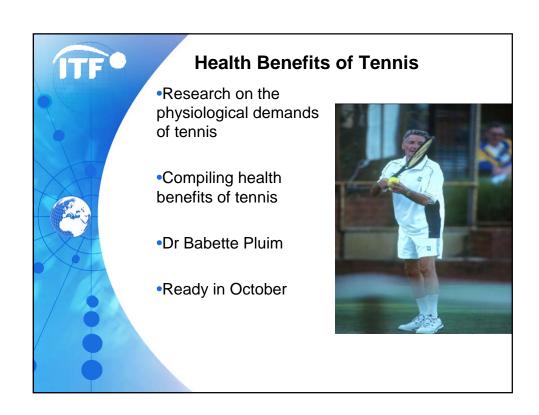
- Short sets (1st to 4 games)
- Tie break for the 3rd sets
- No ad scoring

For starter players the ITF recommends formats which involve players playing more than one match

- round robin
- feed in events
- compass draws







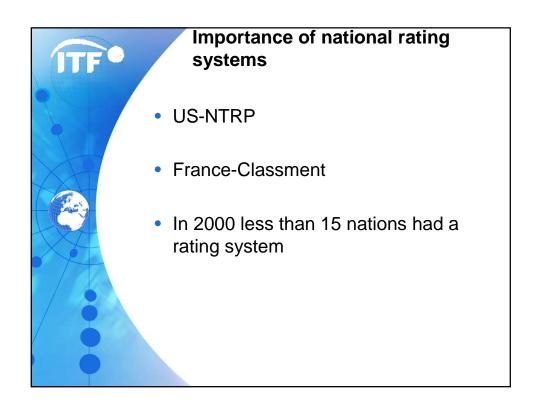


Initial results

- In one hour of tennis the players each cover over 2.5 Kilometres.
- Players maintain an average heart rate of between 140 and 170 beats per minute
- Reduces the risk of heart disease
- Improves aerobic fitness and flexibility



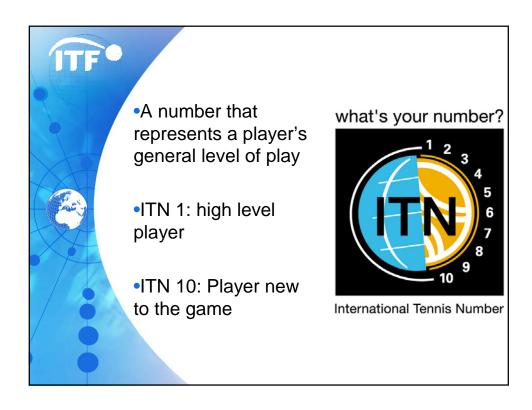


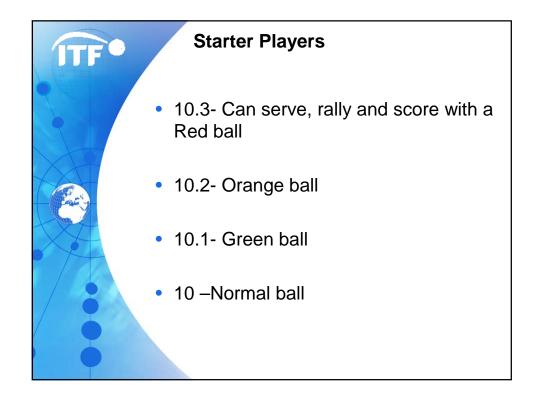




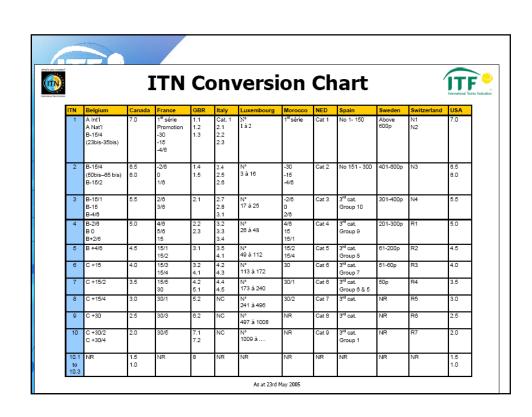
ITN brochure - a guide to the project

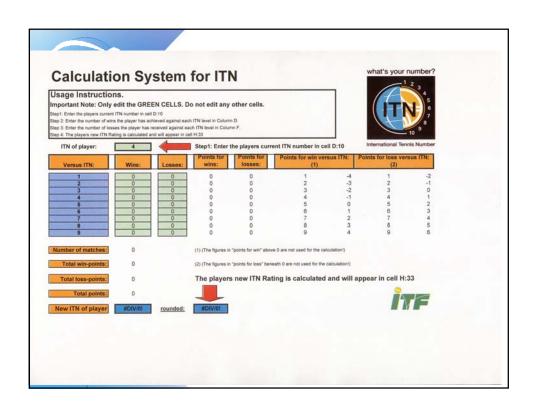


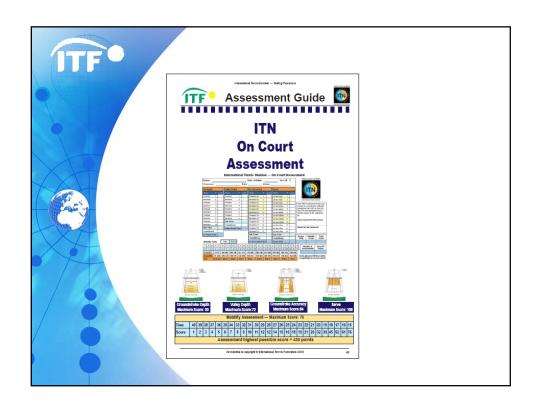




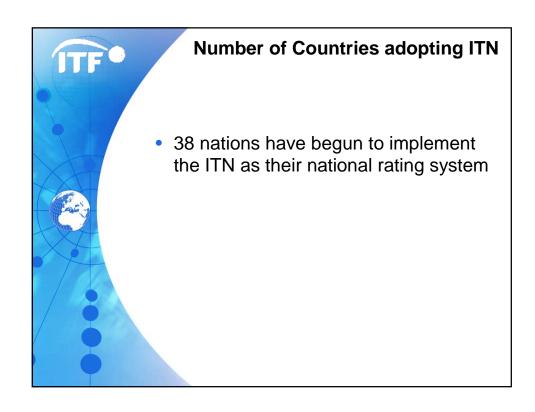




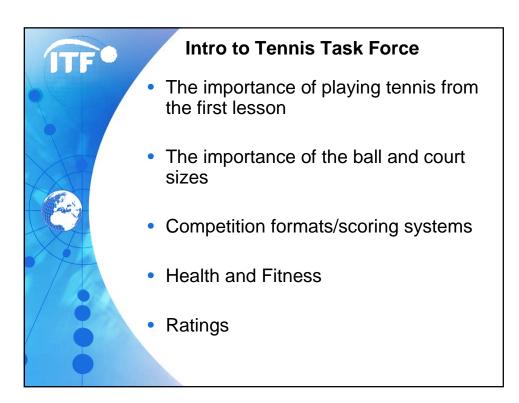


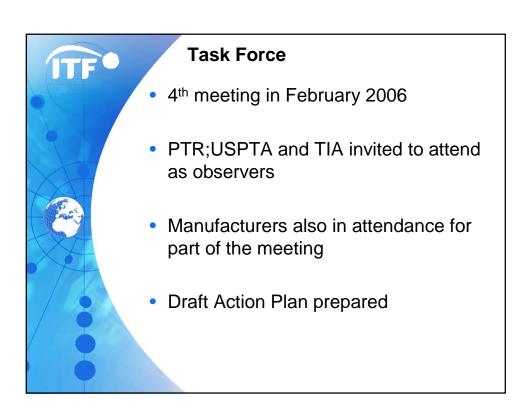
















The ITF Tennis....Play and Stay

- A promotion to run throughout 2007 and part of 2008
- Involve the ITF, the major Tennis Nations; The PTR; USPTA; the TIA and the major manufacturers
- To be launched in early 2007
- Mini Launches/re-launches at other major events during 2007/2008



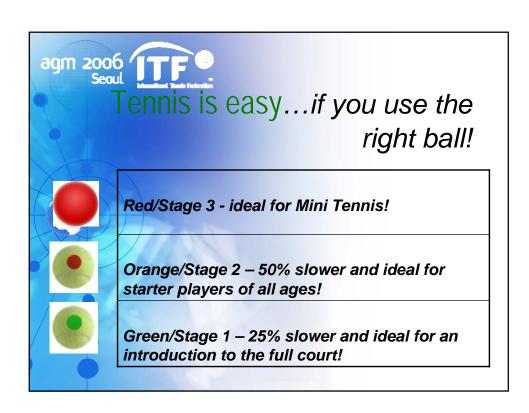


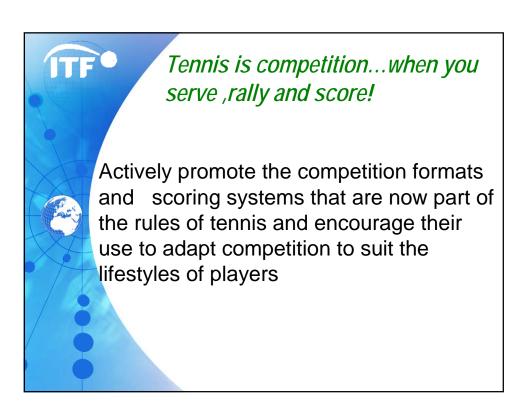
Tennis...Play and Stay

- Tennis is Fun
- Tennis is Easy
- Tennis is Competition
- Tennis is Healthy
- Tennis is a Sport For All

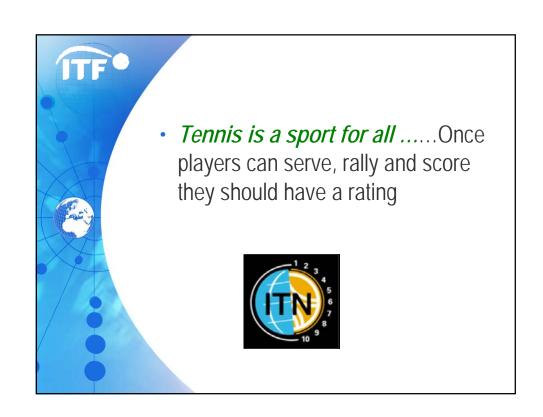


- Tennis is fun... if you serve, rally and score!
- Starter players to play the game from the first lesson
- If they cannot serve rally and score with a normal ball....they must use a slower red orange or green ball
- Once players are playing, coaches teach relevant technique to help players play the game better









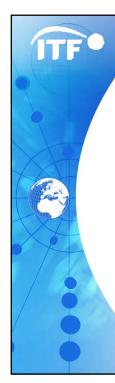


competition formats; the health benefits etc.

Information to be used by nations and

manufacturers





How can the ITF help with distribution of the balls?

- ITF Web page with all the ball manufacturers showcased
- Players can click on manufacturers to find out information on how they can purchase the balls in their countries
- ITF will distribute the ball to coaches and federations that cannot access the ball through the manufacturers



The Major Nations involved

- Mostly 5 vote nations or more
- Good levels of tennis development
- Davis Cup/Fed Cup success
- Formal Agreement/letter of intent to participate
- Link person/commitment to support in a tangible way

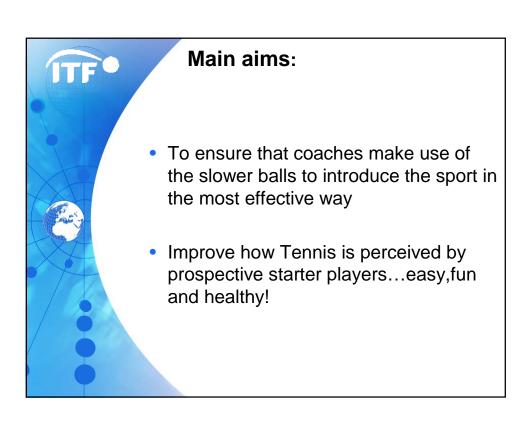


- 40 nations invited to participate
- 34+ Nations have submitted their application to be part of Tennis...Play and Stay
- Including all 4 Grand Slam Nations

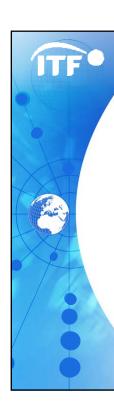


Communication / Promotion/ Marketing / Branding of "Tennis...Play and Stay"

- Recognise that this is crucial
- ITF is investing in developing designs/logos/templates of posters;brochures;websites etc
- Expert advice on how best to communicate the messages to the target audience
 - Coaches of starter players
 - Prospective players

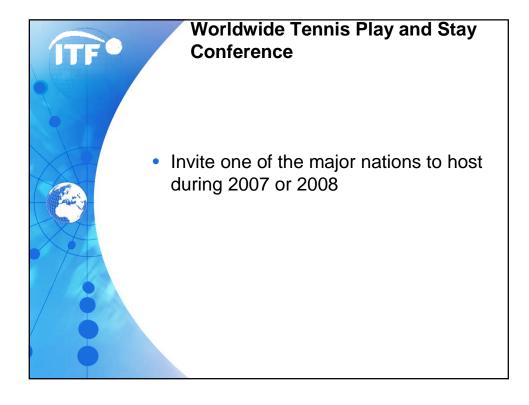






Launch of the Programme

- February/March 2007
- 2 day Seminar in London involving all of the federations concerned to formally launch the project and to build a common direction/ message
- Presentations and discussions on all of the initiatives and on the communication branding of the project
- Mini launches/re-launches during 2007 at ITF and National Association events





The Project can have a big impact!

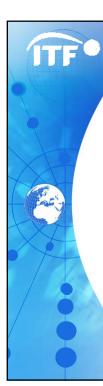
- If the ITF, the major nations, the manufacturers and the coaching bodies are promoting the same simple message/initiatives:
 - -Change the way tennis is introduced by coaches
 - -Change the way the sport is viewed by prospective players
- Nations can use Tennis...Play and Stay to implement new proven initiatives or to support/supplement existing national programmes



5 Years from now......

Most coaches use the Slower Red/Orange/Green balls with starter players

- Coaches organise their lessons so that starter players play tennis (serve, rally and score) from the first lesson
- Tennis is viewed as quite easy to play



5 years from now?

- Most children under 10 are playing on reduced court using slower balls and scaled down rackets
- Clubs and coaches are using the new competition formats and scoring systems to adapt to the needs and lifestyles of the players
- Tennis is recognised as the one of the best sport for health/fitness for adults and children
- Most players have a national rating linked to the ITN



5 Years from now

- Tennis is great at attracting and retaining people in the game!
- More people are playing tennis!

