

## **Title of the presentation**

Name - position.

Carl-Axel Hageskog – Visiting professor of Sport Coaching, VU

Stefan Edberg – World number 1 player (Singles and Doubles)

### ***Introduction to the topic matter:***

The perspective of Coaching at world class level

The perspective of Playing at world class level

### ***Aim of the presentation:***

In some way show the complexity of coaching in professional tennis

A try to identify the key elements for a world class player

### ***Content of the presentation:***

A dialogue between player and coach where reflections are made from tennis at world class level.

A summary of possible topics: preparation for players and coaches, mental toughness in critical moments, communication, setting goals, team cohesion, development of talents

### ***Practical consequences & applications:***

### ***Background to the presentation:***

Carl-Axel Hageskog has worked with coaching players individually and in teams for more than twenty years. Today he is working with research and lecturing in Sport Coaching at Växjö University.

Stefan Edberg a former world number one player nowadays works in a financial investment group.

Both SE and CAH are together involved in player development projects today.