

Title of the presentation

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Introduction to the topic matter:

Motor Learning has changed through the years and coaches need to follow the developments. A large portion of our work is to improve techniques.

Aim of the presentation:

To provide an overview of traditional and modern philosophies on motor learning

Content of the presentation:

To refer to different specialists like Richard Schmidt and to link that information to recognisable situations. To give advise on how to improve practical work oncourt for coaches.

Practical consequences & applications:

Coaches should be able to make better choices during processes of motor learning (or feel confirmed in what they are doing).

Background to the presentation:

My own experiences and my reading, observations and discussions.