

Commitments

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Introduction to the topic matter:

Three key questions come into play:

- With which fundamental attitudes do I help to create a good impression of sport with a positive impact?
- How can I effectively apply these fundamental attitudes to training and day-to-day life by using Commitments?
- What do I do when agreements that have been reached are not upheld?

Aim of the presentation:

We aim to foster the joy and excitement of sport, played fairly, with consideration for others and the environment and by the rules.

Content of the presentation:

Having fundamental attitudes

Convictions and opinions influence our thoughts and guide our actions.

Passing on and promoting fundamental attitudes

Feel the "pulse" of the training group

Establishing Commitments

Carrying out Commitments

Looking after Commitments and rituals

And what happens when Commitments are not upheld?

If rules of the game or fair-play are not followed

If Commitments are not met

If you have exhausted all of your possibilities

Practical consequences & applications:

Your players Commitments could look like this:

- We know that winning and losing are part of competing.
- We fight in every competition up to the last point.
- We never cheat.
- We treat our opponents with respect.
- We say thank you for the game whether we win or lose.
- We remind our team-mates of our Commitments if they don't respect them.

Switzerland, 1/1/2006

Fränzi, Max, Theo, Lisa, Anja, Alex, Simone, Achmed, Nina.

Background to the presentation:

Lehmann, Anton and Schaub Reisle, Maja

MehrWerte im Sport (Sport and its Added Values)

Federal Office of Sports Magglingen, 2003